



## **Canada KZ Skating School**

### **Winter CanSkate Program - October 16 - March 12, 2018/19. APM Centre**

#### **CanSkate 1-** Pre CanSkate, Stage 1, Stage 2, Stage 3

- Tuesdays 4:00 - 4:45, APM Centre
- Saturdays 1:50 - 2:35, APM Centre

#### **CanSkate 2 -** Stage 3, Stage 4, Stage 5, Stage 6

- Tuesdays 4:40 - 5:25, APM Centre
- Saturdays 2:30 - 3:15, APM Centre

#### **CanPower -** Minimum 1 year in Hockey/Ringette

- Tuesdays 5:25 - 6:10, APM Centre
- Saturdays 3:15 - 4:00, APM Centre

**CanSkate**, is a learn to skate program focusing on fun, participation and basic skill development. **CanPower** is a skating program focusing on advanced skating skills. Skate Canada Professional coaches will lead all programs. All skaters in CanSkate must wear a CSA - approved hockey helmet, mitts, warm clothing and skates. Face masks are highly recommended for skaters under the age of 6. Skaters in CanPower must wear full hockey/Ringette gear with stick.

21 sessions \$290.00 plus Skate Canada Fee

41 Sessions \$410.00 plus Skate Canada Fee

Sessions may be adjusted to allow the KZ Skating School to offer the best programs.

Please contact : [www.k-intelligent.com](http://www.k-intelligent.com)

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