



# TOWN OF CORNWALL

## RESOLUTION

**DATE:** January 16, 2019

**DEPARTMENT:** Committee of Council

**MOTION NUMBER:** COC-01-2019

**MOTION CARRIED**         ✓ 6-0        

**MOTION LOST** \_\_\_\_\_

**MOTION WITHDRAWN** \_\_\_\_\_

**Moved by Councillor**

*Elaine Barnes*

Elaine Barnes

**Seconded by Councillor**

*Corey Frizzell*

Corey Frizzell

**Whereas:** Eating Disorder Awareness Week will be from February 1<sup>st</sup> – February 7<sup>th</sup>, 2019; and

**Whereas:** Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and

**Whereas;** Stigma, secrecy and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and

**Whereas;** Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and

**Whereas;** Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and

**Whereas:** Eating Disorder Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.

**Therefore, be it resolved:** That the Town of Cornwall declares February 1<sup>st</sup> to February 7<sup>th</sup> as Eating Disorder Awareness Week.