

Did you know there are a number of fun, educational and relaxing activities that you could access online to do with your family while you are at home, some of these include

Scholastic Learn at Home -

<https://classroommagazines.scholastic.com/.../learnathome.html>

Activity Village - thousands of colouring pages, crafts, puzzles, worksheets & more.

<https://www.activityvillage.co.uk/school-closures>

Virtual Museums –

https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR0suuFt8ZUB6XN4rOFIgzBQxWqUIJ8d4FVZoEQKRINDXDfgmk_6OwRONk

Broadway Musicals and Plays you can watch from home.

<https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>

Free Art Lessons – Free art lessons on this Facebook page each weekday for the next two weeks. These will be family oriented for a range of ages and utilize supplies typically found in your home.

<https://www.facebook.com/makepaducah/posts/1391011517767132>

Virtual Field Trips –

https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR2RJgfu5RfrVjcFj8HYdP-Kj983v8x0cw5T66zEuxv4ZC4vnnuAOOhlxc8&pru=AAABcQgnKO4*ATgDJAkilsz5z5UJP46fvQ

Amazing Educational Resources.com - hundreds of free educational resources! We are sure you will find something there for just about any interest.

<http://www.amazingeducationalresources.com/>

KidsActivites.com - The entire list of education companies offering free subscriptions due to school closings. <https://kidsactivitiesblog.com/>

Accessibyte Online is offering free access to its entire cloud platform of apps for blind, low vision, deaf and reading impaired students. Highly visual and fully audible typing tutor, games, flash cards and study apps. <https://www.accessibyte.com/stay-safe>

BORROW E-BOOKS AND AUDIOBOOKS FROM PEI LIBRARIES

<https://peipls.overdrive.com/>

MUSIC THERAPY - ACTIVITIES AND GAMES

https://musictherapyactivities.fandom.com/wiki/Music_Games

PRINTABLE SOCIAL STORIES FOR CHILDREN WITH ASD

<https://www.andnextcomesl.com/p/printable-social-stories.html>

<https://www.abaresources.com/social-stories/>

STEP BY STEP DRAWING

How to Draw – Step by Step Drawing For Kids, Beginners and Enthusiasts -

<https://www.easypeasyandfun.com/how-to-draw/>

Easy Drawings - <https://www.drawingnow.com/tutorials/tag/for-kids/>

HEALTH AND WELLNESS

Anxiety Reducing Videos:

- 7 Simple Steps to reduce Stress - <https://www.youtube.com/watch?v=IDecu0ME1Zo>
- 20 Minute Guided Meditation - <https://www.youtube.com/watch?v=Mlr3RsUWrdo>

Mental Health at Home

- Eat Well
- Get Exercise
- Keep a Set Structure / Routine
- Seek out "Micro-lifts" throughout the day
 - FaceTime a Friend
 - Learn words in a foreign language
 - Cook something new